



# South Island Dispute Resolution Centre Society

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## PARENTING PLAN

### Areas to Consider:

#### PARENTING RESPONSIBILITIES

1. Doctor/Dentist appointments
2. Other appointments, e.g. therapist, allergist, orthodontist, etc.
3. “Emergency” appointments:
  - medical care
  - child care
  - school/day care
4. Transportation to and from:
  - extracurricular activities
  - remedial programs
  - children’s extended family (grandparents, cousins, aunts & uncles)
  - friends (birthday parties, etc.)
5. Transportation to and from visits with parent
6. Attendance at school events:
  - parent/teacher meetings
  - other special events
7. Shopping:
  - for clothes
  - for sporting/extracurricular activities
  - for gifts (for family, child’s friends)

Clarify payment for these items

8. Access to information:
  - Medical, dental, educational, mental health
  - How is this information to be shared?



9. Parental decision-making with respect to:
  - education (including the type of school, location, cost, etc.)
  - health care (medical, dental, mental health including counseling for child)
  - religion (religious affiliation, attendance)
  - extracurricular activities, summer programs, remedial programs

Clarify who has responsibility for decision-making, registration, and payment of fees for children's needs.

10. Child's name (*Change of Name Act*)
11. Communication between parents re children's needs
  - process and guidelines
12. Involvement of new partners or extended family:
  - with children
  - with parents
  - guidelines to minimize conflict and stress for children

### **SAMPLE CHILDREN'S SCHEDULE:**

The children are to spend time with each parent as follows:

1. School breaks: \*
  - Christmas school break:
  - Christmas Eve
  - Christmas Day
  - Boxing Day
  - New Year's Eve
  - New Year's Day
  - March Break
  - Summer Break
2. Statutory holidays: \*
  - Labour Day weekend
  - Thanksgiving
  - Victoria Day
  - Canada Day
  - Civic Holiday (August)
  - Easter



3. Professional development days\*
4. Other special days:
  - Mother's Day
  - Father's Day
  - Child's birthday
  - Mother's birthday
  - Father's birthday
5. Regular schedule:
  - weekends
  - midweek
  - one-on-one contact
6. Telephone contact:
  - with children
  - with partners
7. Parental communication:
  - how
  - when
  - why
8. Out-of-province travel:
  - passports
  - letter of approval
9. Material change of circumstances, i.e., review parenting arrangement when:
  - move by a parent (notice re when & where)
  - children get older
  - new partner
  - illness/disability of a child
  - death or disability of a parent
  - other
10. Resolution of future disputes:
  - clarify process to be followed